



www.skip-a-long.org

Skip-a-Long Handwashing Procedures*

1. How – Handwashing will be completed as follows:

- Pull down paper towel from paper towel dispenser
- Turn on water
- Wet hands
- Apply soap
- Wash hands for 20 seconds – sing two rounds of ABCs or use a timer
- Rinse hands for 10 seconds
- Dry hands
- Turn off water with paper towel (or if there is a line, leave the water on)
- Toss paper towel in a covered, lined, hands free container

2. When - Handwashing should occur at the following times (and any other time hands become soiled):

- **Entering the classroom**
 - Family – at drop off or pick up if they are going to hang-out and play.
 - Child upon arrival.
 - Teacher, volunteers, visitors --upon arrival and every time he/she leaves and comes back into the classroom. This is breaks, bathroom breaks, running to the office, running for supplies etc.
- **Diapering/bathroom use**
 - Teacher and child after diapering, child using the toilet, or teacher helping child in the bathroom
- **Outdoor Play**
 - Teacher and child after coming in from outdoor play
- **Food Services**
 - Teacher prior to sanitizing the table
 - Teacher and children prior to sitting at the table, children need to go from the sink directly to the table.
 - Teacher prior to preparing a bottle.
 - Teacher and child prior to feeding solids to an infant.
 - After washing the teacher should glove for serving food.
- **Other Miscellaneous**
 - Medicine/Cream: Teacher washes before and after giving medication or applying cream.
 - Play in Communal Materials: Teacher and children wash before and after playing in water, sand, playdough, clay, etc.
 - Animals: Teacher and children wash after handling or cleaning up animal waste or cages.
 - Garbage: Teacher washes after handling garbage or cleaning the garbage can.
 - Tissue: Teacher and child wash after blowing their noses, or a teacher after wiping a child's nose.

*Taken from *Caring for Our Children American Academy of Pediatrics Fourth Edition*